Track: 2023-04-07 Test Alta via della Fenice — **Date: 08/04/2023**

Track: 2023-04-07 Test Alta via della Fenice	**IBP = 290 HKG**
These speeds are average for = HKG	
IBP index reliability= B	

Total length	57.63 Km
Analyzed distance	57.63 Km
Lineal distance	0.01 Km

Accumulated climb	3490.1 m
Accumulated descent	3499.3 m
Maximum height	1541.2 m
Minimal height	248.7 m
Climb rate	12.73 %
Descent rate	12.94 %
Positive climb difference per km	60.56 m
Negative descent difference per km	60.72 m

Total time	15:09:17 h
Time in movement	14:10:24 h
Stopped time	0:58:53 h

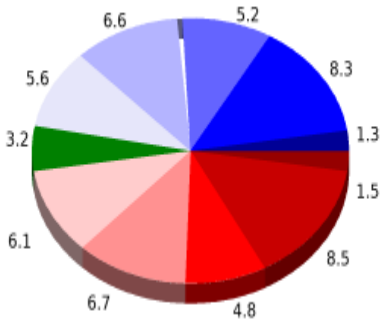
Total speed average	3.8 Km/h
Average speed in movement	4.07 Km/h
Maximum held speed	7.71 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	3467 (cad. 16.62 m)
Significant points	1501 (cad. 38.42 m / 43.29 %)
Aberrant points	12 (0.35 % d. total)

Direction changes per km	13.43
Direction changes >5° per km	10.93
Accumulated straight stretches	6.923 Km
Straight stretches per km	120.13 m
Penalizables slope changes	35
Penalizables slope changes per km	0.607

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Summary of slopes

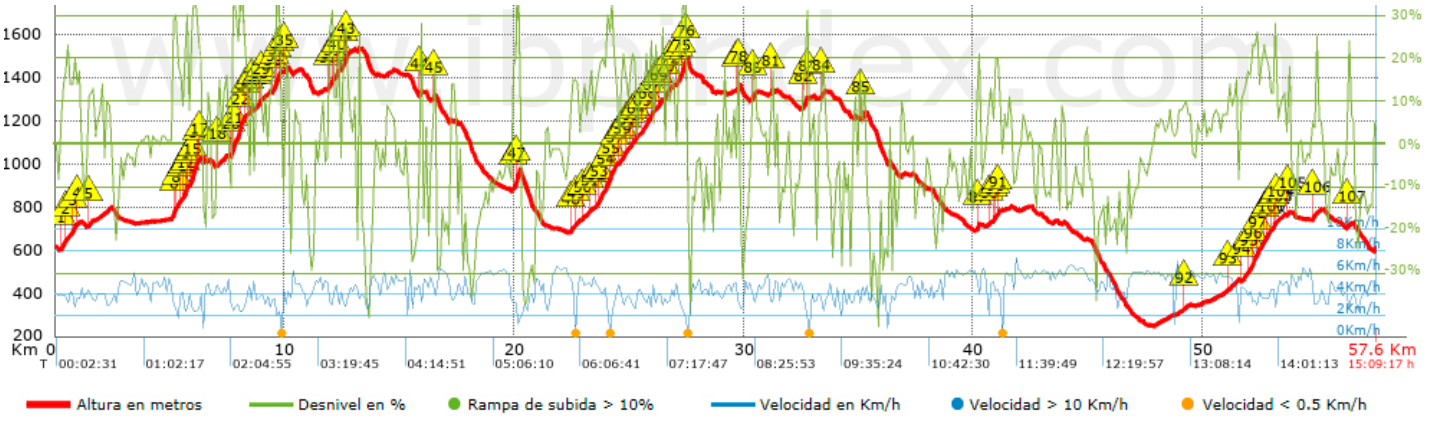


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.469	2.55	2.27	0:38:47
	Between 15 and 30%	8.486	14.72	3.18	2:39:59
	Between 10 and 15%	4.764	8.27	4.15	1:08:50
	Between 5 and 10%	6.657	11.55	4.44	1:29:56
	Between 1 and 5%	6.051	10.5	4.51	1:20:26
	Total :	27.426	47.59	3.76	7:17:58
	Plain				
	Difference of 1%	3.159	5.48	4.81	0:39:26
	Breakdown descents				
	Between 1 and 5%	5.599	9.72	5	1:07:13
	Between 5 and 10%	6.645	11.53	4.67	1:25:26
	Between 10 and 15%	5.162	8.96	4.78	1:04:51
	Between 15 and 30%	8.294	14.39	3.92	2:07:05
	Between 30% and 55%	1.347	2.34	2.84	0:28:25
	Total :	27.047	46.93	4.35	6:13:00
	Total track :	57.63	100 %	4.07	14:10:24

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.252	16 %	246 m
2	0.498	14 %	314 m
3	0.812	18 %	167 m
4	0.978	14 %	113 m
5	1.417	11 %	231 m
6	5.113	30 %	149 m
7	5.262	13 %	32 m
8	5.294	19 %	137 m
9	5.432	13 %	179 m
10	5.611	16 %	34 m
11	5.646	21 %	29 m
12	5.675	30 %	116 m
13	5.791	20 %	31 m
14	5.889	16 %	38 m
15	5.927	34 %	260 m
16	6.186	17 %	39 m
17	6.226	17 %	180 m
18	7.086	11 %	303 m
19	7.65	20 %	37 m
20	7.687	23 %	36 m
21	7.722	31 %	374 m
22	8.096	27 %	140 m
23	8.235	19 %	115 m
24	8.465	21 %	60 m
25	8.525	17 %	64 m
26	8.744	13 %	38 m

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27	8.782	17 %	108 m
28	8.89	11 %	127 m
29	9.017	11 %	98 m
30	9.409	19 %	182 m
31	9.591	23 %	37 m
32	9.628	29 %	138 m
33	9.766	26 %	36 m
34	9.801	35 %	34 m
35	10.007	16 %	146 m
36	11.91	18 %	34 m
37	11.944	17 %	105 m
38	12.05	32 %	30 m
39	12.08	14 %	188 m
40	12.267	23 %	138 m
41	12.522	25 %	144 m
42	12.666	32 %	44 m
43	12.71	33 %	35 m
44	15.896	26 %	112 m
45	16.482	19 %	96 m
46	19.923	15 %	144 m
47	20.066	38 %	176 m
48	22.453	12 %	177 m
49	22.63	15 %	159 m
50	22.982	13 %	134 m
51	23.244	15 %	117 m
52	23.526	14 %	110 m
53	23.636	19 %	329 m
54	23.966	23 %	244 m

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55	24.209	29 %	118 m
56	24.328	25 %	81 m
57	24.409	16 %	78 m
58	24.62	17 %	65 m
59	24.685	23 %	146 m
60	24.831	16 %	31 m
61	24.862	12 %	160 m
62	25.022	12 %	124 m
63	25.146	20 %	112 m
64	25.257	17 %	115 m
65	25.586	16 %	137 m
66	25.723	21 %	232 m
67	25.955	14 %	179 m
68	26.134	12 %	180 m
69	26.315	20 %	139 m
70	26.603	26 %	117 m
71	26.77	11 %	110 m
72	27.088	17 %	90 m
73	27.178	21 %	40 m
74	27.218	31 %	244 m
75	27.462	29 %	71 m
76	29.694	13 %	34 m
77	29.729	26 %	105 m
78	30.366	17 %	34 m
79	30.401	22 %	122 m
80	31.173	15 %	101 m
81	32.574	26 %	178 m
82	32.752	22 %	37 m

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83	33.4	18 %	131 m
84	35.045	13 %	170 m
85	40.119	11 %	39 m
86	40.157	19 %	149 m
87	40.911	17 %	36 m
88	40.947	21 %	103 m
89	41.05	19 %	60 m
90	49.169	11 %	127 m
91	51.093	11 %	359 m
92	51.64	13 %	292 m
93	51.931	16 %	174 m
94	52.106	24 %	289 m
95	52.394	17 %	237 m
96	52.631	22 %	42 m
97	52.673	19 %	80 m
98	52.753	12 %	41 m
99	52.794	18 %	181 m
100	52.975	13 %	119 m
101	53.094	19 %	43 m
102	53.137	28 %	70 m
103	53.683	15 %	116 m
104	54.798	15 %	123 m
105	56.309	17 %	96 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
1500	817.196	1.42	0:13:17	3.69		0:13:17	3.69
Total :	0.817 Km	1.42 %	0:13:17 h	3.69 Km/h	0:00:00 h	0:13:17 h	3.69 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
6.406	0:03:01	1033	1:44:49	1:44:49	6.406
9.835	0:09:07	1426	2:47:29	1:02:40	3.429
22.556	0:04:51	701	5:58:11	3:10:42	12.72
24.137	0:08:37	912	6:23:16	0:25:05	1.581
27.532	0:06:01	1486	7:34:41	1:11:25	3.396
32.752	0:12:34 > 10´	1303	8:58:18	1:23:37	5.22
36.243	0:02:27	1005	10:09:45	1:11:27	3.491
41.151	0:12:15 > 10´	781	11:20:41	1:10:56	4.908
Total :	0:58:53 h				

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